Dr Clayton Smith FRANZCP
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YOUR MEDICATION RECORD

Keeping a diary is an easy way to help you remember your doctor's instructions on how much of each medication you should be taking.

Name:_____

Medications You Are Currently Taking*				
Date Started/ Dose Changed	Name	Strength	Times Per Day	Comments

***Cross out medications that have been stopped or changed**

You should take this diary to your next appointment to share your progress with your doctor.

Medications You Are Currently Taking*				
Date Started/ Dose Changed	Name	Strength	Times Per Day	Comments

***Cross out medications that have been stopped or changed**